Shape and chirality transitions in off-axis twist nematic elastomer ribbons

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(Received 6 March 2013; published 8 August 2013)

Using both experiments and finite element simulations, we explore the shape evolution of off-axis twist nematic elastomer ribbons as a function of temperature. The elastomers are prepared by cross-linking the mesogens with planar anchoring of the director at top and bottom surfaces with a 90° left-handed twist. Shape evolution depends sensitively on the off-axis director orientation at the sample midplane. Both experiments and theoretical studies show that when the director at midplane is parallel to either the ribbon’s long or short axes, ribbons form either helicoids or spirals depending on aspect ratio and temperature. Simulation studies show that if the director at midplane is off-axis, ribbons never form helicoids, instead evolving to distorted spiral shapes. Experimental studies for two samples with off-axis geometry show agreement with this prediction. Samples in all these geometries show a remarkable transition from right- to left-handed chiral shapes on change of temperature. Simulations predict off-axis samples also change their macroscopic chirality at fixed temperature, depending on the angular offset. These results provide insight into the mechanisms driving shape evolution and macroscopic chirality, enabling engineering design of these materials for future applications.

DOI: 10.1103/PhysRevE.88.022502 PACS number(s): 61.30.Vx, 11.30.Rd, 02.70.Dh, 46.25.–y

I. INTRODUCTION

Liquid crystal elastomers (LCEs) possess a notable feature: their macroscopic shape and molecular orientation are strongly coupled due to the combination of liquid crystallinity and rubber elasticity. As a prominent example of this coupling effect, nematic elastomers (NEs) with uniform director alignment exhibit uniaxial deformation of more than several tens to over 100 percent by a finite-temperature change across the isotropic-nematic transition; the stretching and contraction are caused by an increase and decrease in nematic order resulting from cooling and heating, respectively [1–3]. More densely cross-linked nematic networks experience smaller strains [4]. Recently, Broer et al. [5,6] and White et al. [7] reported that several inhomogeneous types of deformation, such as bending and torsion, were thermally driven for highly crosslinked rigid LC networks with inhomogeneous configurations of director. They employed the “hybrid” alignment where the nematic director has a continuous spatial gradient across the film, with homeotropic alignment on one surface and planar alignment on the other. They also considered the “twist” geometry with planar anchoring on top and bottom surfaces, with the director smoothly twisting by 90° in between. In both configurations, gradients in director orientation give rise to inhomogeneous distortions, driving an initially flat sample to deform into a three-dimensional structure. These studies demonstrated that controlling the geometry of the director and its spatial variation in the sample can drive various types of temperature-induced deformation in these materials, including bending and twisting of the sample at the macroscopic level. These results showed promise for potential applications of LC networks as thermally driven soft actuators [8]. Simple motors have also been demonstrated that are driven by LC networks’ response to illumination [9] or changes in humidity [10].

In a previous work [11], we demonstrated that NE films with 90° twist configuration (TNEs) formed different chiral ribbon morphologies in response to temperature change. Studies of TNE ribbons also provide insight into mechanisms for interaction of molecular-scale and macroscopic chirality in soft materials. Lipid assemblies [12,13], protein fibrils [14], and twist nematic elastomer ribbons can form a range of chiral shapes, including cylindrical tubes with “barber-pole” markings; saddle-like helicoids with negative Gaussian curvature, as shown in Fig. 1(a); and spiral ribbons that are hollow, with zero Gaussian curvature, as shown in Fig. 1(b) [11,15,16]. Theoretical studies [11,17,18] have examined shape selection of tubules, helicoids, and spiral ribbons. In contrast to the chiral supramolecular aggregates of the order of nano- or micrometer scale, the shape formation of TNE films occurs at the macroscopic scale, with structures of the order of milli- or centimeter, and the dimensional parameters of the TNE films can be experimentally varied as desired. These features are advantageous to the characterization of the structural parameters of the shapes and to the investigation of the dimensional effect on the shape formation. Further, the TNEs, i.e., loosely cross-linked LC networks are expected to vary in shape more dramatically in response to change of nematic order than more highly cross-linked glassy materials.
because the elastomeric feature of the TNEs results in a considerably stronger coupling of mesogen orientation and network deformation. It was demonstrated for a NE with hybrid alignment that the elastomeric feature boosted the degree of thermally driven bending remarkably [19].

Our previous work [11] demonstrated both experimentally and theoretically how TNE ribbons can deform into helicoids or spirals on change of temperature, depending on their aspect ratio. We examined TNE ribbons with two types of twisted microstructure, designated as L and S geometries: the nematic order orientation changes smoothly in the clockwise direction by $90^\circ$ from the bottom to the top surface with the director at the mid-plane parallel to the long (L) or short (S) axis of the film, as shown in Fig. 2. Under temperature change, narrow TNE films twisted around their central lines and formed helicoids. When the sample’s width-thickness ratio exceeded a critical value, the central line of the film curved into helices and produced spiral ribbons. L- and S- geometry TNE films also displayed a fascinating reversal of macroscopic chirality as a function of temperature, with diverging chiral pitch at the transition. We determined that these shape transitions depend on three parameters: width-thickness ratio, temperature, and twist geometry.

In the present work, we investigate shape selection of TNE ribbons with an off-axis twist geometry (designated as X geometry), which was not examined in the previous study [11], as a function temperature and aspect ratio. Here the director at the midplane is not parallel to either the long or short axis of the ribbon. The X geometry is characterized by the angle $\theta$ formed by the director at the bottom surface and the ribbon’s long axis ($-45^\circ < \theta < +45^\circ$) as shown in Fig. 2. TNE-X samples, thus, have a lower degree of symmetry in microstructure, offering the possibility for different types of actuation. Our numerical studies elucidate the shape and macroscopic helical and spiral chirality of TNE-X ribbons as a function of angle $\theta$. This study will contribute to a deeper understanding of complex shape evolution and macroscopic chirality selection and their dependence on microstructure in chiral soft matter.

II. EXPERIMENTAL

A. Sample preparation

The TNE specimens were prepared by the “chiral imprinting” method described elsewhere [11]. The side-chain type TNEs were made by the photopolymerization between monoacrylate mesogen (A-6OCB) and diacrylate cross-linker (HDDA) with photoinitiator (IRGACURER® 784). The cross-linker concentration in feed was 7 mol%. The nonreactive miscible nematic solvent (6OCB) was mixed with the reactants to broaden the temperature range of the nematic phase. The mixing ratio ([A-6OCB]/[6OCB]) was 5/4 by weight. The chemical structures of the compounds are shown in Fig. 3. The reactant mixtures were loaded in the TN glass cells with a gap of 40 or 100 $\mu$m. The surfaces of the top and bottom substrates were coated by uniaxially rubbed polyimide layer, and the rubbing directions of the two substrates were crossed with each other. The total twist angle of the mesogen orientation between the two substrates was controlled to be $90^\circ$ by adding an optimized amount of the nonreactive chiral dopant S-811 (0.060 and 0.015 wt% for 40-$\mu$m and 100-$\mu$m-thick cells, respectively), which induced a left-handed twist configuration of the mesogens.

The TN cells were irradiated using a xenon lamp with emission at a wavelength 526 nm for 30 min. The temperature for the photopolymerization was 318 K in the nematic state. After the reaction, the cells were immersed in dichloromethane for a few days until the gel film detached from the substrates due to the swelling pressure. The unreacted and nonreactive materials including the chiral dopant were washed out from the detached gel films by renewing dichloromethane several times. The gel films were gradually deswollen by adding methanol...
SHAPE AND CHIRALITY TRANSITIONS IN OFF-AXIS . . .

TABLE I. Sample characteristics.

<table>
<thead>
<tr>
<th>Sample</th>
<th>θ (deg)</th>
<th>Width (μm)</th>
<th>Thickness (μm)</th>
<th>Length (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>TNE-X-1</td>
<td>−5</td>
<td>110</td>
<td>35.2</td>
<td>9.3</td>
</tr>
<tr>
<td>TNE-X-2</td>
<td>−12</td>
<td>88.0</td>
<td>9.4</td>
<td></td>
</tr>
<tr>
<td>TNE-L-1</td>
<td>+45</td>
<td>230</td>
<td>35.2</td>
<td>9.2</td>
</tr>
<tr>
<td>TNE-S-1</td>
<td>−45</td>
<td>220</td>
<td>35.2</td>
<td>9.8</td>
</tr>
</tbody>
</table>

*The data was reproduced from Ref. [11].

(poor solvent) stepwise, and the fully deswollen films were dried in air. The dried TNE films considerably curled at room temperature due to a large volume reduction of ca. 50% from the preparation state and a finite temperature difference from the preparation temperature. The ribbon specimens were cut out from the large sheet films at ca. 350 K, where the sheet became flat, so that the orientation of the bottom surface could have an angle (θ) relative to the long axis of the ribbon (Fig. 2). The angle θ was determined by the polarizing optical microscopy with an accuracy of ±1°. We employed the two TNE ribbon specimens with almost the same length, width, and θ but with different thickness. The dimensions of each specimen were summarized in Table I. The length and width were measured by optical microscope, and the thickness was evaluated using a laser displacement sensor LT-9500 and LT-9010M (Keyence) at a temperature where the shape of the ribbons became flat.

B. Measurements

The ribbon specimens were immersed in the temperature controllable bath of silicone oil. In the oil bath, the specimens were subjected to no mechanical constraint. No swelling of the specimens occurred because silicone oil was nonsolvent. The shape of the ribbon specimens was observed with an optical microscope with CCD camera. The spiral pitch and diameter of the ribbons were evaluated as a function of temperature. The temperature was varied stepwise after confirming the equilibration of the shape of the ribbon at each temperature.

III. RESULTS AND DISCUSSION

Figures 4(a) and 4(b) show the micrographs of TNE-X-1 and TNE-X-2 at various temperatures (T), respectively. Both specimens form the shape of a spiral ribbon. The structural parameters, such as spiral pitch (p_s) and diameter (d), are strongly T-dependent, including the reversal of the handedness; the T-dependence of the inverse of each structural parameter for TNE-X-1 and TNE-X-2 is illustrated in Figs. 5(a) and 5(b), respectively. In these figures, for convenience, the parameter values for the left- and right-handed spiral ribbons are defined to be positive and negative, respectively, and the condition of p_s = d = 0 corresponds to the flat shape. The temperature in the figures (τ) is reduced using the nematic-isotropic transition temperature (T_NI = 368 K) and the temperature where the ribbons become flat in shape (T_flat = 353 K): τ ≡ (T − T_flat)/(T_NI − T_flat); τ = 0 at T = T_flat and τ = 1 at T = T_NI.

In the high-temperature isotropic state of T > T_NI, a right-handed spiral ribbon is formed, and the structural parameters are T-independent. In the nematic state of T < T_NI, p_s and d increases as T decreases, and the shape becomes flat at a temperature around 353 K. Further cooling results in the chirality reversal of the spiral shape, i.e., the formation of left-handed spiral ribbons. No appreciable difference in the structural parameters between heating and cooling processes across T_NI was observed, which shows that the twist configuration of the mesogens is effectively imprinted and memorized in the elastomer matrix even after the removal of the chiral dopant employed in the stage of cross-linking.

The markedly T-dependent shape in the nematic state of T < T_NI indicates that the shape variation is caused by a change in local nematic order driven by T variation. The temperature where the shape of the ribbons becomes flat (T_flat ≈ 353 K) is different from the “original flat temperature” at which the cross-linking reaction was conducted (T_0 ≈ 318 K). This is because a considerable degree of spiral deformation was accompanied by a large volume reduction of ca. 50% from the gel state after cross-linking. TNE-X-1 shows larger values of |p_s| and |d| than TNE-X-2, while the two specimens are similar in T_0. This shows that as the thickness is smaller, the films form more tightly spiral ribbons.

In the cases of on-axis L and S geometry, the TNE films form the helicoids twisting around the central line when the film’s width/thickness ratio is smaller than a critical value (ca. 8.5), which was demonstrated in our previous work [11].

FIG. 4. The equilibrium shapes of (a) TNE-X-1 and (b) TNE-X-2 with the same width but different thickness as a function of temperature. I and N denote the isotropic and nematic states, respectively. Both TNE films form spiral ribbons, and the spiral handedness is right and left in the T region of T > T_flat and T < T_flat, respectively, where T_flat is ca. 353 K. The thinner elastomer (a) forms more tightly spiral ribbon than (b).
Importantly, both TNE films with off-axis X geometry form spiral shapes in the whole temperature range (Fig. 4), although they have the smaller width/thickness ratios (3.1 and 1.4) than the critical value. This finding clearly indicates that not only sufficiently small width/thickness ratio but also on-axis L or S geometry are required for the formation of helicoids. This will be further discussed with the simulation results for the geometry (θ) effects on shape in the later sections.

IV. SIMULATION APPROACH

We model the temperature-driven shape deformation in twist nematic elastomers using a 3D, nonlinear finite element elastodynamics algorithm [20]. The LCE sample is discretized into an unstructured, three-dimensional tetrahedral mesh using open source software [21]. The sample’s microstructure is described by the director field \( \vec{n} \), which is defined within each tetrahedron. The nematic director field is, thus, represented as a piecewise constant. The Hamiltonian of the system is [22]

\[
H = \sum_p \frac{1}{2} m_p v_p^2 + \frac{1}{2} \sum_{ij} v_i^t C_{ijkl} e_i^t e_k^t e_j^t e_l^t - \alpha \sum_t v_i^t (Q_{ij} - Q_{ij}^{\text{flat}})^2.
\]  

(1)

The first term is the system kinetic energy calculated as a sum over the nodes \( p \) in the mesh; the instantaneous node velocity is \( v_p \), and the node mass \( m_p \) is determined via the lumped mass approximation [23]. The second term describes the elastic potential energy of an isotropic solid as a sum over tetrahedral elements \( t \). The stiffness tensor \( C_{ijkl} \) depends on the bulk and shear moduli of the isotropic solid [24], \( e_{ij} \) is the Green–Lagrange nonlinear strain tensor [25], and \( Q_{ij} = S(3n_i n_j - \delta_{ij})/2 \) is the nematic order tensor, where \( S \) is the scalar order parameter. By using this nonlinear form of the strain tensor, we ensure that the elastic potential energy is invariant under rotation of the sample. The third term describes the coupling between nematic order and mechanical strain [26]. Higher-order couplings are allowed, but this form is sufficient to capture the essential features of the strain-order coupling.

The crosslinking density in these materials is sufficient to soft “imprint” the director field within the polymer network [27]. For our simulation approach, we assume the director orientation rotates with the sample as it deforms, but does not otherwise evolve in response to stress, as expected in a more heavily cross-linked “blueprinted” nematic glass [4], [8]. In previous work we have modeled nematic elastomers with soft-elastic response driven by director reorientation, where the nematic director has only weak anchoring to the polymer network via a finite cross-link memory term [22]. In the experiments presented here, there is no external applied load, and we assume that the internal stresses generated during sample deformation are sufficiently small that they cannot overcome the cross-link memory. Thus, we model these spontaneous deformations with the approximate assumption of a strongly anchored nematic director field. Consequently, the order parameter tensor \( Q_{ij} \) depends only on the configuration of \( \vec{n} \) imprinted in the material (which is fixed in the body frame) and the scalar nematic order parameter \( S \), which varies with temperature. We note, however, that the elastic constants of the material have the typical values of an elastomer rather than a nematic glass.

The liquid crystal elastomer sample’s shape evolution is characterized by the motion of nodes in the mesh, which follows with effective forces \( \vec{F}_p = m_p \ddot{v}_p \), calculated as the derivative of the potential energy with respect to node displacements. Equations of motion are integrated numerically using the velocity Verlet algorithm [28].

To represent temperature change in the FEM simulation, we adjust the magnitude of the scalar order parameter according to: \( T / T_{\text{NI}} = 1.01 - \left( \alpha S / 3.3 \mu \right)^{3/2} \), where \( \mu = C_{\text{xyxy}} \) is the material shear modulus [24]. This relation was obtained by fitting experimental, numerical, and analytical data for the thermally induced elongation of a NE ribbon with planar anchoring inducing uniform \( \vec{n} \) (without twist) oriented along the ribbon’s long axis [11] and the same cross-link concentration as the TNE specimens. In our FEM simulation, we assume that the undistorted state occurs at \( T_{\text{flat}}/T_{\text{NI}} = 0.324 \), with \( \alpha S_{\text{flat}}/\mu = 2.566 \). The value of \( T_{\text{flat}}/T_{\text{NI}} \) used in the simulation is different from the value reported in the experiment; however, the shape evolution in our simulation is driven by changes in the nematic order relative to the flat state. Thus, we characterized our system as a function of the reduced temperature \( \tau \), which represents a temperature

[FIG. 5. (Color online) The inverses of spiral pitch \( p_s \) and diameter \( d \) of (a) TNE-X-1 and (b) TNE-X-2 as a function of reduced temperature \( \tau = (T - T_{\text{NI}})/(T_{\text{NI}}-T_{\text{flat}}) \), comparing FEM simulation results (θ = −7°) with experiment. Positive values indicate left-handed twist, while negative values indicate right-handed twist.]
SHAPE AND CHIRALITY TRANSITIONS IN OFF-AXIS . . .

PHYSICAL REVIEW E 88, 022502 (2013)

V. SHAPE AND CHIRALITY DEPENDENCE ON TEMPERATURE

Simulation results for both TNE-X-1 and TNE-X-2 samples with small offset angle $\theta = -5^\circ$ are shown in Fig. 6, showing the equilibrium shape at various temperatures. In all cases we observe spiral geometries in agreement with the experimental observations in Fig. 4. This result is surprising because for the special case $\theta = \pm 45^\circ$, which corresponds to L or S geometry, such narrow samples are always helicoid in shape [11]. Our simulations, thus, confirm the experimental finding that a change of offset angle for the twisted director microstructure strongly affects shape selection.

In Figs. 5(a) and 5(b) we compare our simulation results with experiment for the $T$-dependence of spiral pitch and diameter in samples TNE-X-1 and TNE-X-2. We performed simulations with different values of the offset angle $\theta$ and found that best agreement between simulation and experiment was $\theta = -7^\circ$, which is slightly larger but close to the experimental value ($\theta = -5^\circ \pm 1^\circ$). Simulation studies show that the $T$-dependence of the spiral pitch is highly sensitive to small errors in the offset angle ($\delta \theta \sim 2^\circ$); in contrast, spiral diameter $d$ is completely insensitive to $\delta \theta$. Figure 7 shows a comparison of the $T$-dependence of spiral pitch and diameter for samples with $\theta$ ranging from $-3^\circ$ to $-9^\circ$.

While simulation results for pitch versus temperature are in close quantitative agreement with experiments for the high $T$ range, they predict a somewhat smaller pitch than observed experimental values in the low $T$ range. This disagreement most likely arises from slight inaccuracy of the empirical relation between the scalar order parameter and temperature, due to variability of cross-link density among different samples.
Also in Figs. 6(a) and 6(b) we observe that our simulation shows a transition of macroscopic chiral sense as a function of temperature. For $T > T_{\text{flat}}$ ($\tau > 0$), we find right-handed spirals, and for $T < T_{\text{flat}}$ ($\tau < 0$) we find left-handed spirals; the transition occurs at $\tau = 0$. We did not find any dependence of macrochirality on the sample’s aspect ratio.

**VI. SHAPE AND CHIRALITY DEPENDENCE ON ANGULAR OFFSET**

As discussed above, narrow elastomer ribbons with the off-axis X geometry always form spiral shapes, while on-axis L and S specimens with the same small aspect ratio form helicoidal shapes when actuated, as shown in Fig. 8. This result evidently demonstrates that the L or S geometry—where the director at the midplane position is parallel to the long or short axis—is required for the formation of helicoids. The central line in helicoids is straight, which requires the local director at the midplane to be symmetric as in the L and S geometries ($\theta = \pm 45^\circ$ or $-45^\circ$). Evidently, the midplane director in the X geometry ($\theta \neq \pm 45^\circ$) is not symmetric; as a result, such TNE-X films form spiral ribbons independently of their aspect ratio.

In Fig. 9 we show numerical simulation results to explore the dependence of shape selection on the offset angle $\theta$. We find that there is a smooth transition from spiral ribbons to helicoids for sufficiently narrow films ($w < w_c$ where $w_c$ is the critical width for shape transition) when $\theta$ approaches from $-5^\circ$ to $-45^\circ$ at a constant temperature. The spiral pitch increases with $\theta$ while diameter decreases, and some helicoidal twist is observed in the spiral as $\theta$ increases. Interestingly, the perfect helicoid is formed only when $\theta$ is very close to $-45^\circ$. This result demonstrates that the symmetry in the local director configuration at the sample midplane is a required condition for the formation of helicoids.

The angular offset $\theta$ not only determines the elastomer’s shape but also the elastomer’s macroscopic chirality at a fixed $T$. Simulations at $\tau = 0.506$ are presented in Fig. 10. These results demonstrate that macroscopic chirality switches from right-handed to left-handed as a function of $\theta$, which indicates the existence of a threshold angle $\theta_c$ for chirality transition. At this threshold, the TNE sample forms an achiral macrostructure independent of its microscopic chirality. Surprisingly, $\theta_c$ is not zero; simulations with $\theta = 0$ at $\tau = 0.506$ predict a right-handed spiral. This macroscopic chirality arises from the handedness of the twist in the director field.

Our studies determined the critical angle for chirality reversal at $\theta_c \approx \pm 2.5^\circ$ when $\tau = 0.506$. For these parameters, samples form macroscopic achiral shapes in the form of an open ring, even though their microscopic chirality is fixed as left-handed. The presence of an achiral shape in this chiral system shows that macroscopic chirality in TNE arises from two sources: (1) the handedness of director twist and (2) the angular offset $\theta$, which can cooperate or compete depending on the value of $\theta$.

In the high-$T$ range, the left-handed director twist induces right-handed macroscopic chirality while the angular offset
 SHAPE AND CHIRALITY TRANSITIONS IN OFF-AXIS . . .

FIG. 10. (Color online) Simulation results for the shapes of TNE ribbons with the same width/thickness ratio as TNE-X-1 as a function of \( \theta \) at reduced temperature \( \tau = 0.506 \). When angular offset is zero or negative, we observe the formation of left-handed ribbons, while positive angles shown here produce right-handed shapes.

can induce either left-handed (\( \theta > 0 \)) or right-handed macroscopic chirality (\( \theta < 0 \)). Due to the competition between these chirality sources, the sample can form achiral, left-handed or right-handed ribbons. Our results suggest a very weak right-handed influence from the director twist, an angular offset as small as \(+2.5^\circ\) is enough to cancel it. Thus, this sample forms two different achiral states at two different temperatures: a flat state with no curvature at \( \tau = 0 \) and a curved open ring with zero pitch at \( \tau = 0.506 \). The experimental characterization of \( \theta \), at a fixed \( \tau \) will be a subject in our future studies.

In summary, these simulation studies of TNE ribbons in X, S, and L geometries demonstrate that off-axis angle \( \theta \) strongly affects the temperature-induced shape and macrochirality transitions in TNE elastomers. Our simulations predict that TNE-X samples with small values of \( \theta \) form spiral ribbons instead of helicoids, in close agreement with experimental observations. Simulations also show that samples with a larger angular offset can form a family of more complex chiral shapes with a continuous variation between spiral for \( \theta = -5^\circ \) and helicoids for \( \theta = -45^\circ \), as shown in Fig. 9. The macroscopic chirality of TNE samples at a finite temperature also depends on \( \theta \) as shown in Fig. 10.

VII. CONCLUSIONS

We have performed both experimental and simulation studies of off-axis twist nematic elastomer ribbons and demonstrated that both shape selection and chirality transitions depend sensitively on the value of the offset angle \( \theta \). For small offset angles, samples form spirals. As \( |\theta| \) increases, we observe increasing helicoidal twist coexisting with the spiral deformation; and for the special case \( \theta = \pm 45^\circ \), purely helicoidal ribbons arise. The formation of helicoids in TNE reported in previous studies requires special symmetry in the sample, with the local director in the sample midplane lying parallel to either the ribbons long axis (L geometry, \( \theta = +45^\circ \)) or short axis (S geometry, \( \theta = -45^\circ \)). Both experimental and simulation data demonstrate that sample pitch and diameter vary with temperature.

It might seem surprising that the films can form helicoid shapes, considering that helicoids have nonzero Gaussian curvature. In most elasticity problems, any changes in Gaussian curvature lead to in-plane stretch, with prohibitively high elastic energy. However, in this system, the stretching energy does not arise from the strain relative to the original flat state but rather from the strain relative to the new relaxed state at the new temperature. Because of the nonuniform blueprinted director field, the new relaxed state is complicated and nonuniform. If the sample were to remain flat, it would have a strain relative to this new relaxed state, and hence it would have stretching energy. Thus, the curved state actually reduces the stretching energy, compared with the flat state.

Both experiments and numerical simulations also show transitions in the macroscopic chiral sense of TNE ribbons as a function of temperature. This feature of TNE materials occurs for all director geometries studied (S, L, and X geometries). In the high-\( T \) range, samples form chiral structures with opposite handedness to the structures observed in the low-\( T \) range with a transition at \( T = T_{\text{flat}} \) (reduced temperature \( \tau = 0 \)).

Simulations show that the macroscopic chirality in TNE arises due to the combination of the handedness of director twist and the offset angle \( \theta \). These sources can either compete or cooperate to produce achiral, right-handed or left-handed shapes. Achiral shapes (open rings) are observed at a critical angle \( \theta_C \), where the two effects cancel each other.

ACKNOWLEDGMENTS

This work was supported in part by the Grant-in-Aid on Priority Area “Soft Matter Physics” (Grant No. 21015014) and that for Scientific Research (B) (Grant No. 16750186) from the Ministry of Education, Culture, Sports, Science, and Technology (MEXT) of Japan (K.U.) and in part by NSF-DMR 1106014, the Wright Center of Innovation for Advanced Data Management and Analysis, and by the Ohio Board of Regents. Computing resources provided by the Ohio Supercomputer Center (V.G.-P., B.L.-M., F.Y., J.S., R.S).